



**fit**<sup>3</sup>™  
**ACTIVE**

**Get Fit. Feel Fit. Stay Fit.**

**Purpose:** Weight loss, athletic performance, energy

**Servings:** 60 (2 shakes per day)

**Directions:** Mix one scoop with 5 ounces of water or the beverage of your choice

It has... (Features)	Which means... (Benefits)
LunaRich®	...has the potential to reduce biomarkers associated with excess weight and may reduce inflammation associated with oxidative stress.
10 grams of protein with a blend of whey, casein and non-GMO soy in each serving...	...3 protein sources, which promote satiety and help build lean muscle mass.
L -Citrulline...	...a non-essential amino acid that may promote vascular dilation, blood circulation, muscle protein synthesis and an increased production of nitric oxide.
Corn fiber...	...soluble fiber that reduces feelings of hunger and promotes healthy bacterial flora and digestive tract.
CherryPure® Tart cherry powder...	...reduces muscle soreness and inflammatory stress and speeds recovery after exercise.
Beta-alanine (CarnoSyn®)...	...promotes a delayed onset of muscle fatigue and supports muscle endurance.
Sustamine®...	...an amino acid combination that promotes the rebuilding of muscle tissue after exercise, replenishes oxygen storage, and increases electrolyte and water absorption in the digestive tract.
Beet powder...	...an antioxidant that boosts nitric acid production, which provides cellular energy to muscles during activity and improves exercise endurance time.
Pycnogenol®...	...a super antioxidant that reduces inflammation and helps fight free radical damage, improves blood circulation and lowers blood glucose.
Turmeric root...	...an antioxidant, which offers anti-inflammatory benefits.
Creatine...	...extends peak athletic performance for longer periods of exercise and reduces muscle recovery time.
L Carnitine...	...reduces fatigue while building lean muscle.
Broad base of vitamins and minerals...	...supports metabolic health while providing optimal nutrition.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Exercise and a proper diet are necessary to get fit, feel fit and stay fit. Results will vary depending on an individual's initial weight and health, goals and commitment.